

# Teachers' Evaluation of the '*FRIENDS for Life*' Summer Course 2016

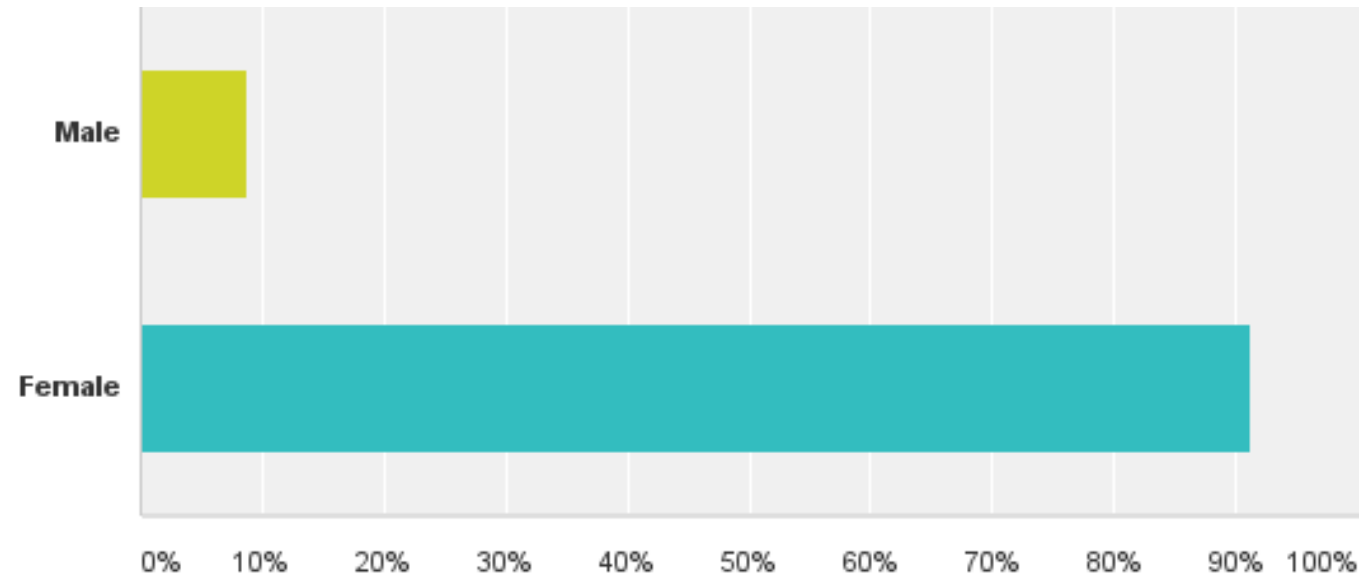
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SURVEY SUMMARY

# Q1: Are you male or female?

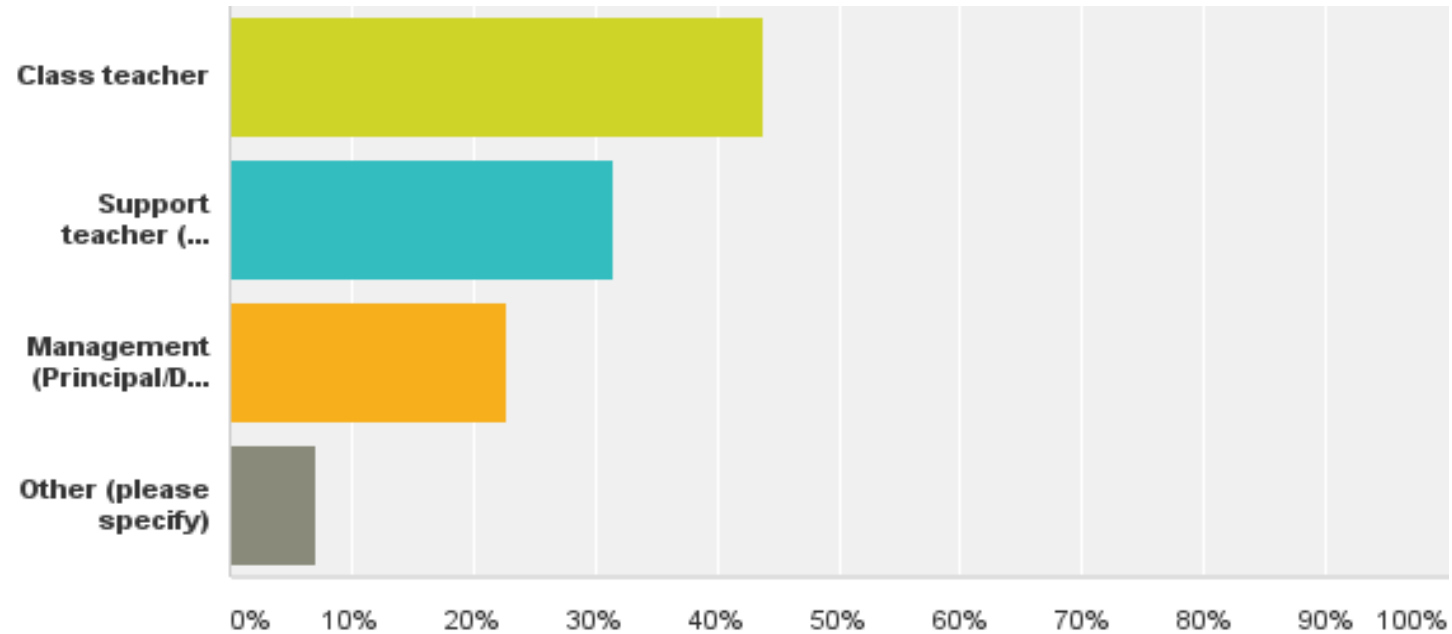
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N=57 ( 5 male, 52 female)



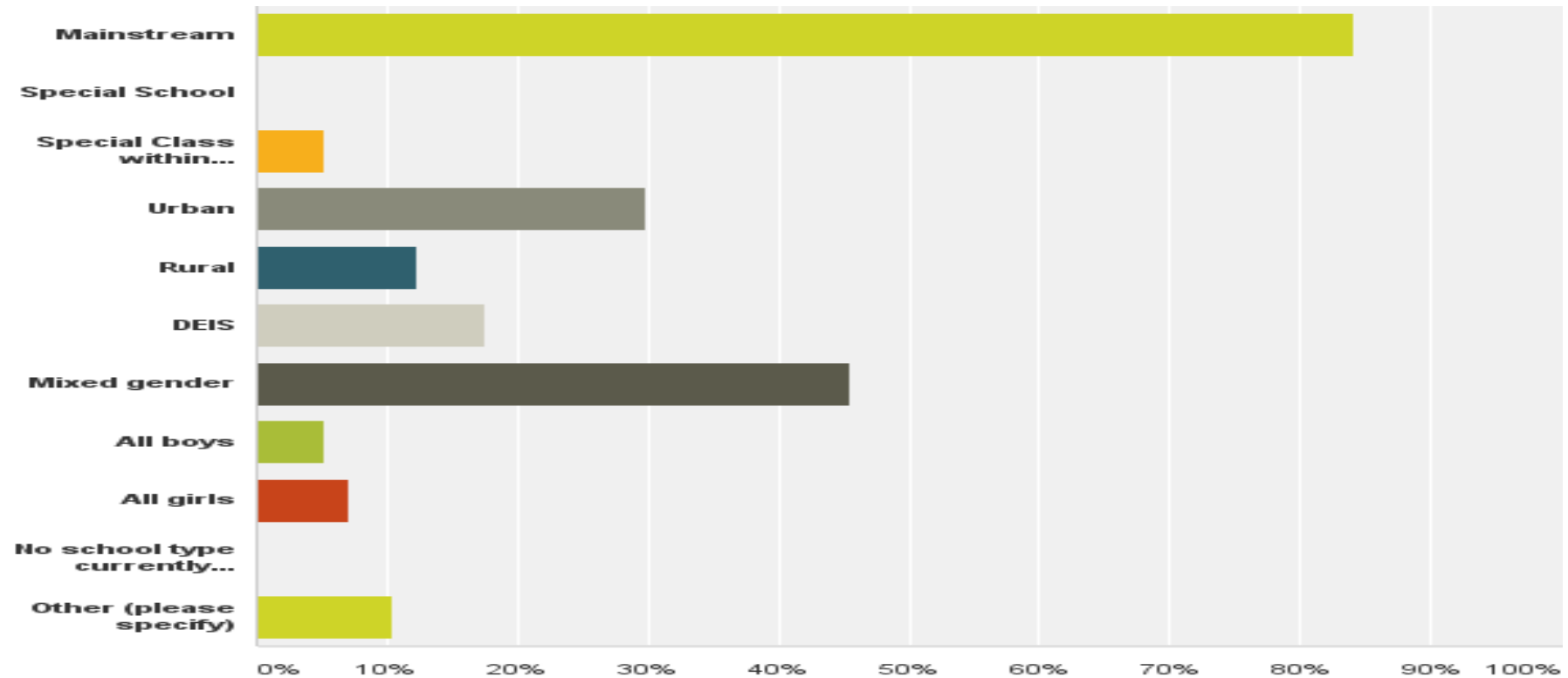
## Q2: What is your role in school?

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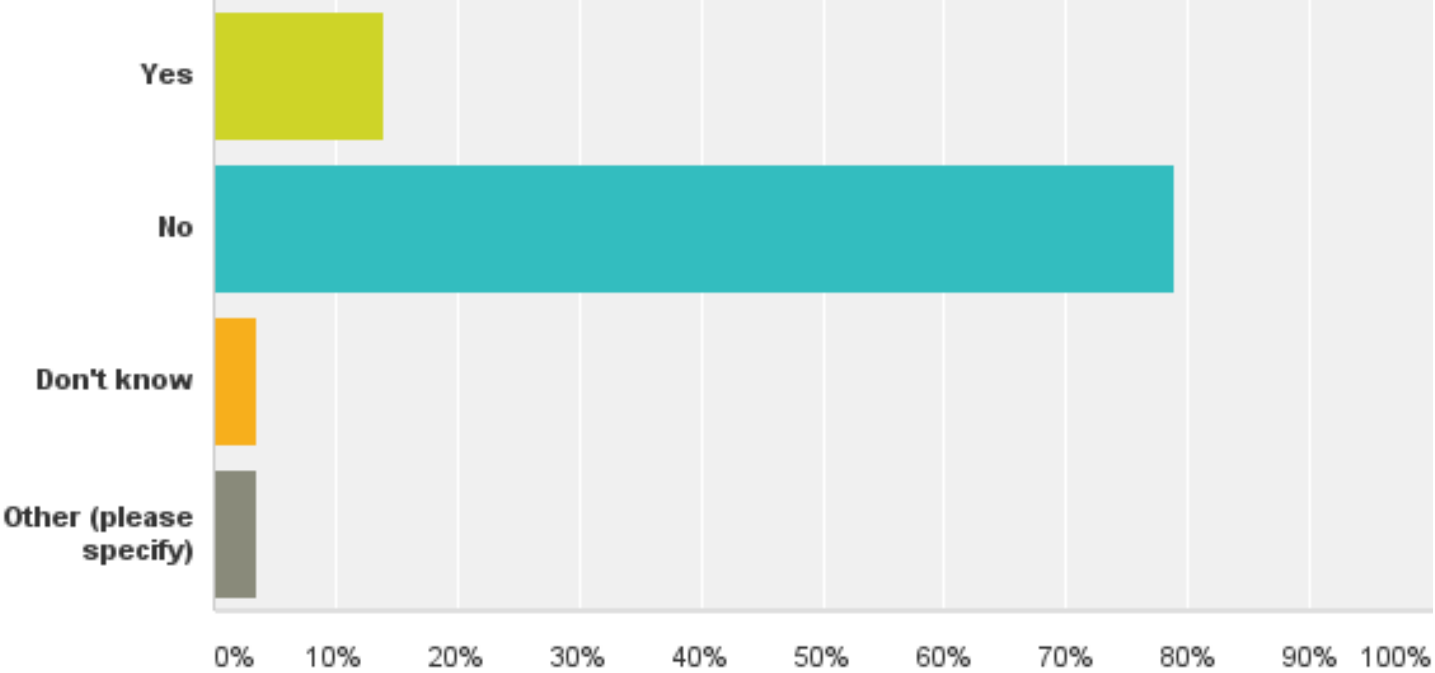
# Q3: What type of school setting do you teach in?

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# Q4: Has FFL been delivered in your school previously?

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## Q5 How did you hear about the course?

Answered: 57 Skipped: 0

School Colleague **Principal** Cavan

**NEPS Psychologist** Education Centre

**Course** Dublin West **DWEC Teachers**

## Q6 Why did you sign up for the course?

Answered: 57 Skipped: 0

Learn Beneficial Programme Support a Class  
Children Recommended Interested  
Principal School Class Teacher Anxiety  
Classroom Course Think Training Development

## Q.7. Are there other teachers from your school on the course?

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Only teacher on course: n=33

1 other colleague: n=13

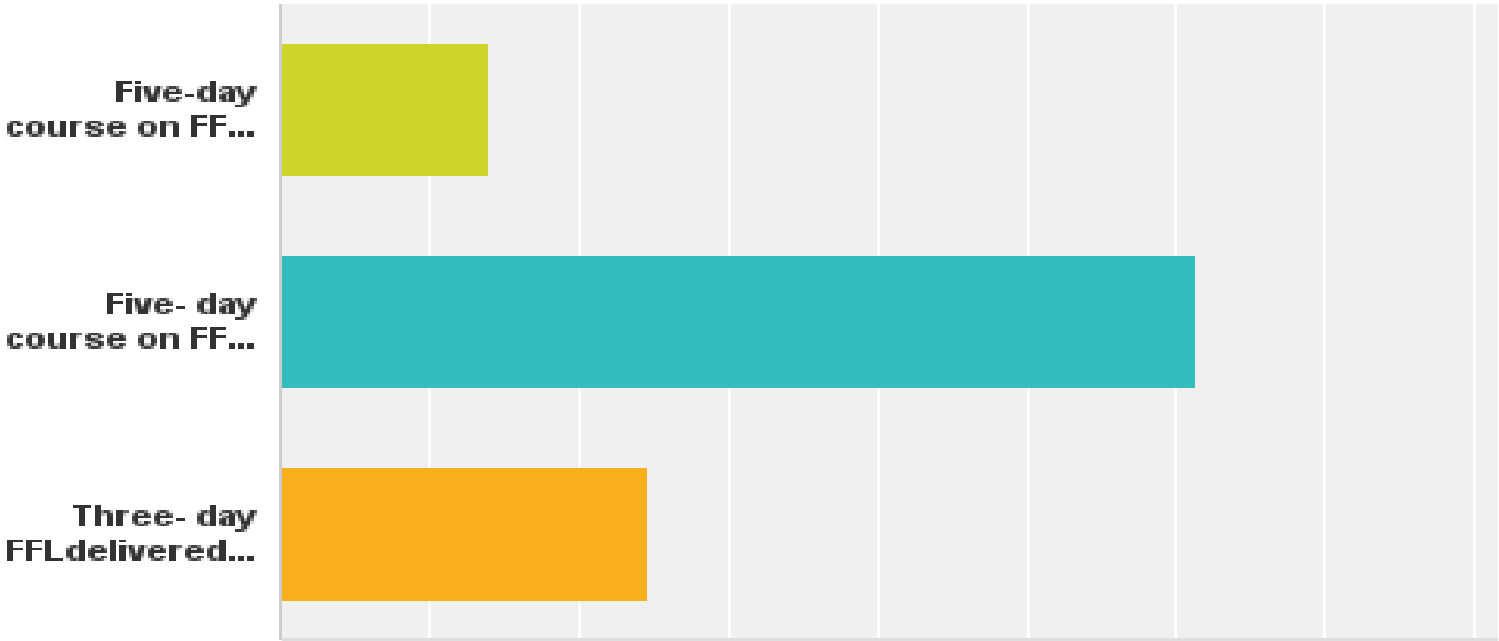
2 other colleagues: n=6

3 other colleagues: n=2



# Q8: What type of FFL Summer Course have you just completed?

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## Q9: What did you think of the course content and delivery?

	<b>Strongly Agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly Disagree</b>	<b>Total</b>
I learnt about the FFL research and theory?	<b>80.36%</b> 45	<b>19.64%</b> 11	<b>0.00%</b> 0	<b>0.00%</b> 0	56
I understand CBT and how it applies to the programme?	<b>58.93%</b> 33	<b>39.29%</b> 22	<b>1.79%</b> 1	<b>0.00%</b> 0	56
I had the opportunity to examine and work with the content of the FFL sessions?	<b>73.21%</b> 41	<b>26.79%</b> 15	<b>0.00%</b> 0	<b>0.00%</b> 0	56
I understand the content of the FFL sessions, 1-10?	<b>64.29%</b> 36	<b>35.71%</b> 20	<b>0.00%</b> 0	<b>0.00%</b> 0	56
I have been given an overview on how to implement the programme?	<b>71.43%</b> 40	<b>28.57%</b> 16	<b>0.00%</b> 0	<b>0.00%</b> 0	56

## Q10 What aspects of the training were particularly useful?

Answered: 55 Skipped: 2

Children Variety Resources Course Lessons  
Opportunity **Practical** Experiences  
Sessions Anxiety Group Think  
Programme Resilience Ideas Aspects

**Q11 What aspects would you suggest to change for future trainings?**

Answered: 52 Skipped: 5

Sessions Seating Movement Pacing Two Days  
Breaks Fun Friends Relaxation Think  
Excellent Training Mental Health  
Day Course Increased School Activities  
Adult Resilience Programme Irish  
Participants Practicalities Teaching Methodologies

## Q12: What was your experience of the Adult Resilience (AR) Programme?

	Strongly Agree	Agree	Disagree	Strongly Disagree	Not applicable to the Summer Course I attended	Total
I feel that I have benefitted personally from taking part in the AR programme?	<b>40.38%</b> 21	<b>34.62%</b> 18	<b>5.77%</b> 3	<b>0.00%</b> 0	<b>19.23%</b> 10	52
I feel that taking part in the AR programme will help my delivery of the FFL children's programme?	<b>46.00%</b> 23	<b>32.00%</b> 16	<b>6.00%</b> 3	<b>0.00%</b> 0	<b>16.00%</b> 8	50

**Q13 If applicable, is there anything else you would like to tell us about your experience of the AR programme?**

Answered: 34 Skipped: 23

Beneficial Deliver Enjoyed Self FFL Relaxation  
Practical Resources Programme  
School Course Cover Life Thoughts

## Q14: How confident are you about delivering the FFL programme to children after this training?

	<b>Strongly Agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly Disagree</b>	<b>Don't know</b>	<b>Total Respondents</b>
I feel confident that I can deliver the programme to children?	<b>48.15%</b> 26	<b>50.00%</b> 27	<b>0.00%</b> 0	<b>0.00%</b> 0	<b>1.85%</b> 1	54
I feel confident that I will be able to communicate the value of the programme to my principal/management?	<b>53.70%</b> 29	<b>46.30%</b> 25	<b>0.00%</b> 0	<b>0.00%</b> 0	<b>0.00%</b> 0	54
I feel confident that I will be supported by my principal/management in school to deliver the programme next year?	<b>48.15%</b> 26	<b>33.33%</b> 18	<b>0.00%</b> 0	<b>0.00%</b> 0	<b>18.52%</b> 10	54
I feel confident that I will be able to communicate the programme to parents?	<b>46.30%</b> 25	<b>46.30%</b> 25	<b>3.70%</b> 2	<b>0.00%</b> 0	<b>3.70%</b> 2	54
I feel I have the information and support to deliver the parents' talk/s?	<b>48.15%</b> 26	<b>44.44%</b> 24	<b>3.70%</b> 2	<b>0.00%</b> 0	<b>3.70%</b> 2	54

## Q15 What benefits do you see in delivering the programme in your school?

Answered: 52 Skipped: 5

Behaviour Kids Feelings Academic Strategies  
Class and Yard School Support Anxiety  
Parents Life Emotional Resilience Skills Social  
Help Children Increase Atmosphere



**Q16 What barriers do you foresee for delivery of the FFL programme, if any?**

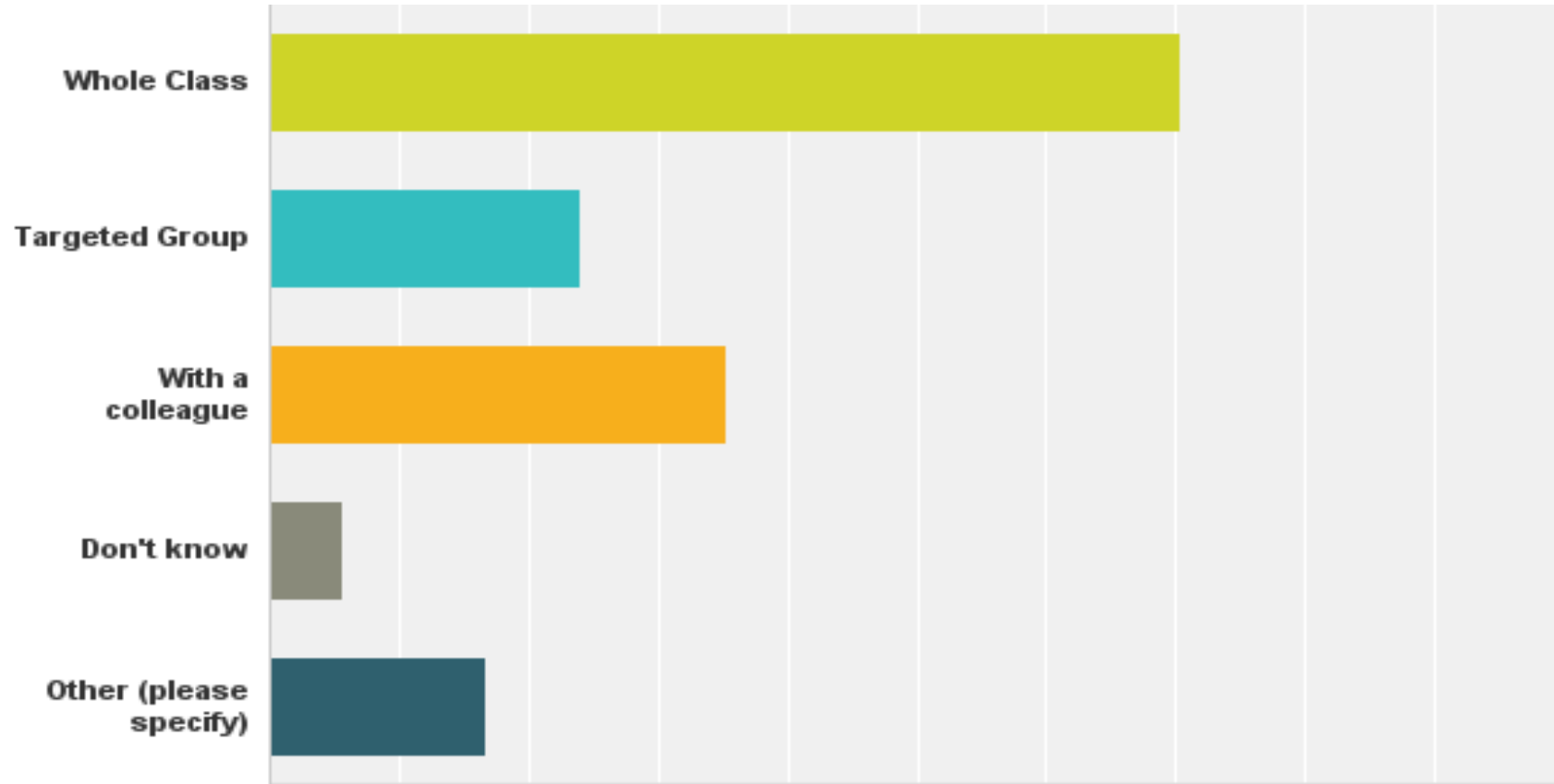
Answered: 50 Skipped: 7

A word cloud of responses to the question. The words are arranged in a roughly circular pattern. The largest word is 'Programme'. Other prominent words include 'Teacher', 'Parental', 'School', 'Support', 'Teaching', 'Resource', 'Implementation', 'Difficult', 'Children', 'Curriculum', and 'Constraints'. The words are in various shades of teal and blue.

Staff Difficult Teacher Children Parental  
Implementation Programme Resource  
School Constraints Support Curriculum Teaching

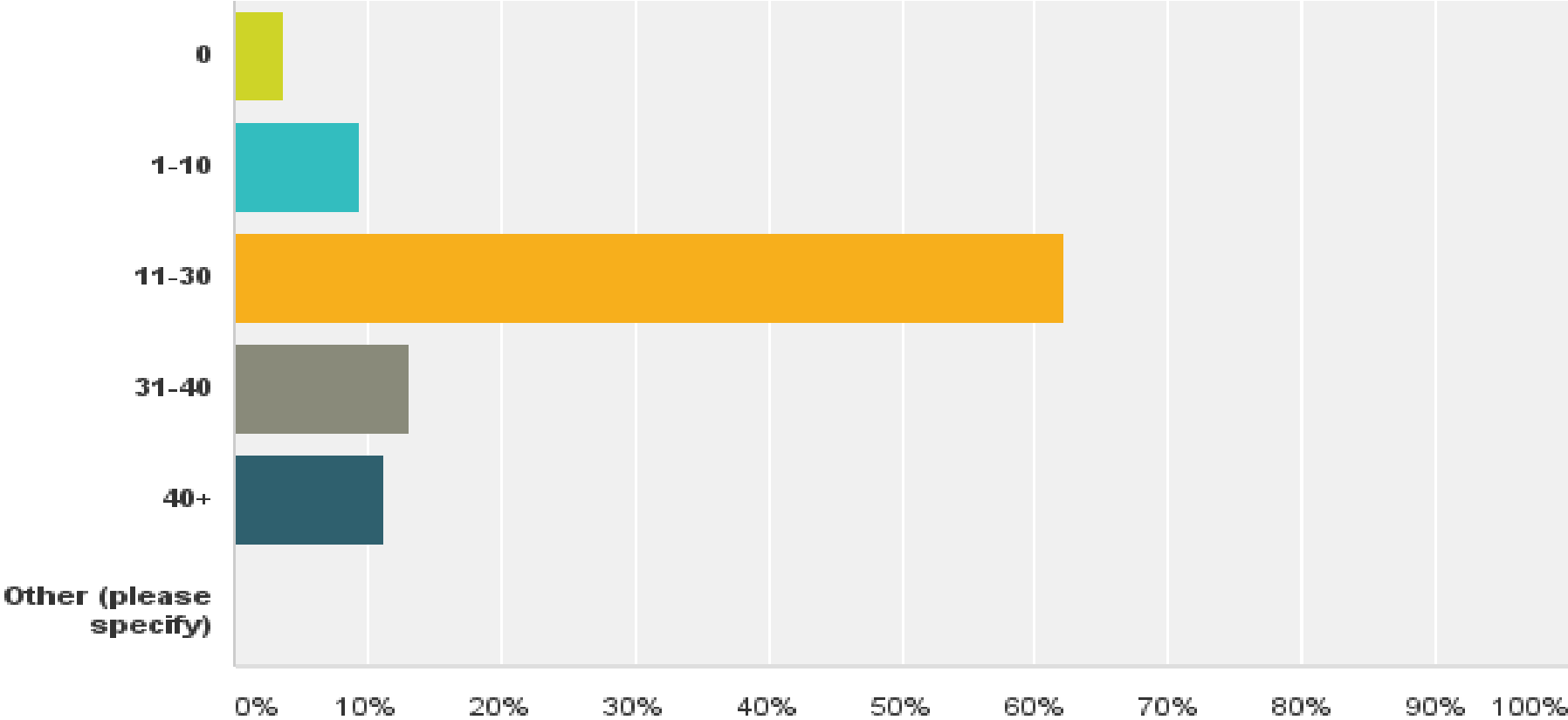
# Q17: How to you intend to deliver the programme next year?

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# Q18: In your estimation, how many children do you hope to deliver the programme to next year?

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## Q19: What is your preference for type of FFL training?

	<b>Definitely Yes</b>	<b>Probably Yes</b>	<b>Probably Not</b>	<b>No</b>	<b>No Preference</b>	<b>Total Respondents</b>
Would you prefer the two-day training model during the school term?	<b>20.00%</b> 9	<b>17.78%</b> 8	<b>31.11%</b> 14	<b>15.56%</b> 7	<b>15.56%</b> 7	45
Would you prefer the five-day Summer Course model?	<b>56.25%</b> 27	<b>20.83%</b> 10	<b>10.42%</b> 5	<b>2.08%</b> 1	<b>10.42%</b> 5	48
Would you prefer the three-day Summer Course training model with two days with another agency with another agency (such as HSE Health Promotion)?	<b>31.82%</b> 14	<b>22.73%</b> 10	<b>25.00%</b> 11	<b>13.64%</b> 6	<b>9.09%</b> 4	44

## Q20: What are your recommendations? Please tick boxes as appropriate.

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	<b>Definitely Yes</b>	<b>Probably Yes</b>	<b>Probably Not</b>	<b>No</b>	<b>Don't Know</b>	<b>Total</b>
Would you recommend the FFLtraining to a colleague?	<b>87.04%</b> 47	<b>11.11%</b> 6	<b>1.85%</b> 1	<b>0.00%</b> 0	<b>0.00%</b> 0	54
Would you recommend this venue for the course?	<b>87.04%</b> 47	<b>9.26%</b> 5	<b>3.70%</b> 2	<b>0.00%</b> 0	<b>0.00%</b> 0	54
Was this a good time of year for the course?	<b>77.78%</b> 42	<b>16.67%</b> 9	<b>1.85%</b> 1	<b>0.00%</b> 0	<b>3.70%</b> 2	54
If you received the Adult Resilience programme, would you recommend it be part of future trainings?	<b>72.73%</b> 32	<b>15.91%</b> 7	<b>2.27%</b> 1	<b>0.00%</b> 0	<b>9.09%</b> 4	44

**Q21 How can NEPS support your future delivery of the programme?**

Answered: 49 Skipped: 8

Follow Future Delivering Advice School  
NEPS Psychologist Teachers Queries  
Programme Resources Course Aspect  
Support Continue

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**Q22 Have you any further comments or suggestions?**

Answered: 38 Skipped: 19

**Enjoyed** Excellent **Course** Nice  
Beneficial Training