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11 August 2017

Attn: Dr Paula Barrett  
Friends Resilience

Via email: [training@friendsresilience.org](mailto:training@friendsresilience.org)

Dear Paula

Thank you so much for attending our school and presenting on 'Anxiety and Resilience in Children and Adolescents'. We truly appreciate all the wonderful information you shared with our school and greater community.

For such an important topic, we are fortunate to have had someone with your wealth of knowledge come and share so generously. We all thoroughly enjoyed your engaging and, at times, humorous presentation. Our school community has given wonderful feedback and expressed a strong desire to learn more; perhaps the best possible outcome for this very important topic!

All the best and we look forward to seeing you again,

May Selkirk  
Principal